

### DURATION, DAY, DATE AND TIME OF THE COURSE:

8 weeks starting on Tuesday 18 April 2023, 17:30 - 21:00

### VENUE:

East Surrey College, Gatton Point, London Road, Redhill, RH1 2JX

### ENTRY REQUIREMENTS:

- Over the age of 19 years
- GCSE English or equivalent
- An interview will be conducted to ensure the suitability of all applicants to undertake the level of self-awareness required in exploration of the self and the impact of working with others.

### WHAT QUALIFICATIONS WILL I GET?

Level 2 Award in Counselling Concepts

### COURSE DESCRIPTION:

- Enhance and improve verbal communication skills, especially empathy, the ability to listen and respect silence
- Enhance and improve written communication skills
- Provide a basic understanding of what counselling is about and be able to compare and contrast counselling with other forms of helping activities
- Develop an understanding of what counselling training entails and provide assistance to support students in making a more informed choice as to whether or not they are suited to undertake vocational counselling training as opposed to other types of training
- Introduce students to experiential learning processes that will include a high element of personal growth work, developing further self-confidence and self-esteem. This element of the course is about self-awareness a challenging and key aspect of your learning.
- Prepare students to progress onto appropriate further qualifications.

There is a strong focus and emphasis on experiential learning developed through skills practice. You will be required to allow additional study time in addition to the guided learning of 30 hours (GLH) outlined below. GLH is part of the total qualification time of 50 hours (TQT). TQT includes all other time taken in preparation, study or any other form of participation in education or training but not under the direct supervision of a lecturer, supervisor or tutor (regarded as independent study). A commitment to learning and improving academic writing is required to include undertaking reading of core textbooks relating to the leading thinkers within the profession.

### UNITS/TOPICS COVERED:

- Unit 1 - The professional context of counselling - 9 GLH
- Unit 2 - Communication skills in helping relationships - 15 GLH
- Unit 3 - An introduction to personal development - 6 GLH

### TYPE OF ASSESSMENT:

You will produce a portfolio of evidence which will be subject to internal assessment, internal and external moderation. Specific requirements and restrictions may apply to individual units within the qualification. All assessed grades are not final and will be subject to both internal and external moderation.

## EQUIPMENT NEEDED:

- Pens and highlighters
- Notepad
- Yellow Folder with 10-part divider

## WHERE CAN IT LEAD?

This course provides the progression route for Level 3 Certificate in Counselling. Note: the college provides the full route for acquiring professional counselling qualification status. **Upon completion of level 2 you are not qualified to use the status of a counsellor or to practice in any professional capacity.**

## COURSE FEE:

£370 Standard Fee / £492 Full Fee

If you are 19+ on 31 August 2022 and meet the ESFA (Education & Skills Funding Agency) residency criteria, the standard fee will apply unless you qualify for free tuition.

The full fee will apply if you are aged 19+ on 31 August 2022 and you do not meet the ESFA residency criteria or if there is no Government funding for this qualification.

Contact Client Services for advice and guidance on funding and eligibility. Please be aware that there may be additional costs for materials.

## WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at [clientservices@esc.ac.uk](mailto:clientservices@esc.ac.uk).

To apply online for this course please visit [www.esc.ac.uk](http://www.esc.ac.uk).

## Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstances dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.

