

DURATION, DAY, DATE AND TIME OF THE COURSE:

Running for 5 weeks starting Tuesday 21 February 2023, 19:00 - 21:00.

VENUE:

East Surrey College, Gatton Point, London Road, Redhill, RH1 2JX.

PRIOR KNOWLEDGE/SKILLS REQUIRED:

No prior knowledge needed.

COURSE DESCRIPTION:

This course is designed to introduce you to different dishes from different countries around the world.

- Week 1 - Mexico – Fajitas and fresh guacamole
- Week 2 - Greece – Chicken with lemons and Greek Salad
- Week 3 - India – Chickpea curry and Indian bread
- Week 4 - China – Chicken in black bean sauce and fried rice
- Week 5 - U.S.A. – Haddock chowder and chocolate brownies

Please let the College know about any allergies or intolerances to food that you may have. The tutor can then provide you with some alternate ingredients.

EQUIPMENT NEEDED:

About 1 chicken breast or 4 boneless thighs, 1 green and 1 red pepper, a small pack of wheat/corn tortillas and 1 ripe avocado. Any spices or herbs will be provided by your tutor.

WHERE CAN IT LEAD?

Other cooking courses, please contact client services on 01737 788 444 to find out more.

COURSE FEE:

£90

If you are 19+ on 31 August 2022, the standard fee will apply unless you qualify for free tuition and this will be your first leisure course in the current academic year. Contact Client Services for advice and guidance on funding and eligibility. Please be aware that there may be additional costs for materials.

WHAT TO DO NEXT:

If you have any outstanding queries please contact our Client Services team on 01737 788444 or at clientservices@esc.ac.uk.

To apply online for this course please visit www.esc.ac.uk.

Disclaimer:

Every effort has been made to ensure that the details contained in this leaflet are up-to-date and accurate at the time of printing. However, the College reserves the right to alter or cancel courses, their content, entry requirements, fees or other details should circumstance dictate.

Should you require this leaflet in a different format please contact Client Services on 01737 788444.