

# THE ZONE

## STUDENT NEWSLETTER



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## ORBITAL SOUTH COLLEGES APPOINTS LINDSAY PAMPHILON AS THE NEW CEO/PRINCIPAL



Orbital South Colleges, comprising East Surrey College, John Ruskin College and Reigate School of Art, is delighted to announce the recent appointment of Dr. Lindsay Pamphilon as the College Group's new Chief Executive and Principal. The appointment comes after the College Group's previous leader Jayne Dickinson retired after 12 years in post.

Lindsay has worked in general Further Education for the last 26 years, managing Curriculum and Quality in a variety of roles including Principal.

During this time she spent 10 years as a Lecturer and Manager

in Further and Higher Education before moving into Quality, Teaching, and Learning.

Lindsay commented: "I am hugely privileged to be appointed to the role of Chief Executive Officer and Principal and to have the opportunity to continue the marvellous work we do in Surrey and Croydon."

"Our priority is always to provide opportunities for all, equipping young people and adults with the skills and confidence to access the learning they need to be successful in their future learning and employment."

Orbital South Colleges' Chairman of Governors Bob Pickles added: "I am delighted to be working alongside Lindsay, to ensure we continue collaborating with our partners to boost skills and talent in the community."

"I have witnessed firsthand the enormous passion Lindsay has for education and training, and I am confident she will drive continuous improvement in line with the College Group's values and objectives."

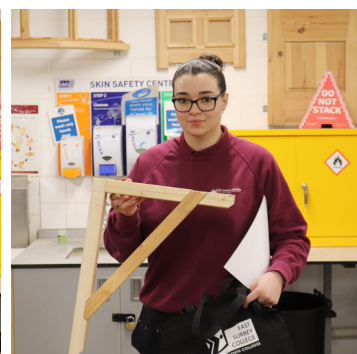
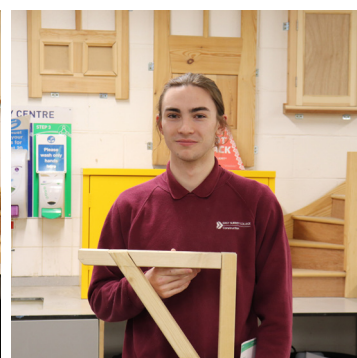


## CARPENTRY AWARDS

Two of our Carpentry Level 1 students at ESC were recently awarded prizes for an internal competition to create a gallows bracket with three different carpentry joints (Mortice and Tenon, Bridle and Housing). Students were given the task at the beginning of January and their final products were judged based on the tutor's specifications. Charlie and Shaun won first and second place and received a goody bag that included a wood chisel and spanners.

There was also an additional award for our Carpentry Level 2 student Andre who was awarded a certificate for an outstanding commitment to learning. David Hartsilver, Carpentry Lecturer, commented: "This award was given to Andre for his eagerness to learn, always being on time and focused during his lessons, and also achieving 100% attendance and punctuality during the bus and train strikes."

During his studies, Andre has also secured two different work experience placements one with 'Pilgrim Harps' (Harp Manufacturer) and the second with the National Theatre, South Bank, London.







## GOING GREEN AT JRC

As part of an ongoing project, our Childcare Level 2 students at John Ruskin College have been creating a sustainability noticeboard to support children in understanding key green messages. Within the display, students have highlighted how the biggest problem is unwanted plastic causing pollution and damage to the environment.

One student commented: "It all starts with one small change; if we all work together, we can make a difference. No time is better than now to make the earth healthier and cleaner and a better place to call home."

We are incredibly proud of our students for putting up this wonderful, colourful display and highlighting the importance of sustainability!

## WHAT HAVE ENGINEERING STUDENTS BEEN UP TO?



We recently popped into our Engineering Level 2 class at JRC to see what the students have been getting up to in the first term. Throughout the academic year, students complete eight units from Engineering Maintenance to Materials to Mathematics for Engineering.

In a recent lesson, students were learning about manufacturing processes and the equipment used. The students were given images of various manufacturing processes and had to write down the name of the manufacturing process based on the image shown and the brief explanation given to them. For every question a student answered correctly, they would receive £10, £20 or £50 (not real money!) depending on the complexity of the question.

The next activity was a Mission Impossible challenge where the students had to work in teams to extract information from around the classroom on the advantages and disadvantages of three different manufacturing methods.

## TAKING PROTHESTICS TO A WHOLE OTHER LEVEL

This term, students studying Make-up, Special Effects & Hair for Media & Performance, welcomed Jemma Ames, Sales Manager, and Helen Louka, SFX Technical Advisor, from Mouldlife. The three-hour workshop gave students tips and tricks on how to effectively make and apply silicon prosthetics.

Lauren commented: "I found it really interesting to learn new techniques - I just want to get stuck in and practice these in my own work."

Frances added: "I really enjoyed learning about new products and how to use them for HD Film and TV. Learning from workshops allows us to keep up to date with new products and getting us ready for industry."



## ESOL ATTENDANCE AWARDS

Our ESOL department at ESC ran a small raffle competition earlier in January, where students could enter a prize draw for a £20 JD sports voucher. Between December and January, students with the best attendance each week received a raffle ticket.

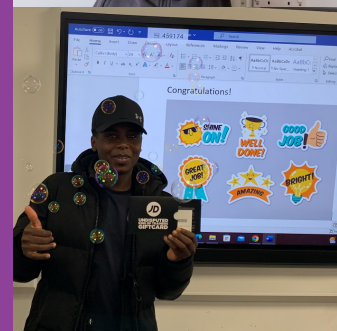
With over 70 raffle tickets to choose from between the ESOL Level 1 and Level 2 classes, we had two lucky winners:

ESOL Level 1 – Lorena

ESOL Level 2 – Bashir

Lorena commented: "I've loved our ESOL classes; they are really fun, and the tutor is very helpful."

Well done to all students who participated!





## HUGE DONATION FOR THE MOTORSPORTS TEAM

Our Motorsports Level 3 students and tutors at ESC were thrilled to receive a very generous donation of £1,000 in car parts from the College's local branch of Euro Car Parts in Redhill.

With over 250+ branches nationwide, Euro Car Parts is the UK's number 1 supplier of car parts. The donation included a wide variety of parts including brakes (front and rear), a clutch kit, drive shafts, a battery, a fuel pump and wheel bearings.

Students are excited to be using all the parts to kit out the Motorsport Team's new racing car, a Citroen C1, for this year's racing season.

Tutor George commented: "We're delighted to be partnering with our local branch of Euro Car Parts. Their donation of quality car parts will go a long way to contributing to outstanding work experience for our students - the technicians of the future - as they prepare for the next racing season which kicks off in April."



## WIMBLEDON SPA EXPERIENCE



Body & Spa Therapy Level 3 students at JRC went on a trip to The Spa Experience Wimbledon as part of their Hydrotherapy assessments.

Our Level 3 students have been working hard on their Monitor and Maintain Spa unit which focuses on providing induction, consultation, treatment care and advice using specific spa facilities.

This trip also gave students the chance to engage in career talks with The Spa and explore its range of fantastic facilities. This included the Hamman, sauna, monsoon showers and relaxation area.

## HOT CUP DONATION FROM MCDONALD'S

McDonald's in Redhill generously donated 100 takeaway cups and lids to our Life Skills – SEND students, which enabled them to make a Tomato Soup and Cheesy Baguette recipe.

During their time in the kitchen, students have created many tasty and healthy recipes. This forms part of their module on understanding and following instructions and working independently.



## ART & DESIGN CV WORKSHOP

The charity organisation Croydon Commitment kindly visited our Art & Design Level 3 students at John Ruskin College and provided an engaging workshop around writing and submitting CVs, building confidence and the interview process.

The representatives who spoke to students on the day included the London Fire Brigade, the Royal Army, and Croydon Councillor, Patsy Cummings.

The interactive workshop started with a general discussion and overview of CVs including the dos and don'ts, purpose, importance, and history. Later, students were able to draft their own CVs in partnership with our guest speakers, expressing their key skills and experience in relation to the industry they're interested in.

Art & Design Level 3 student Nathan commented: "Today I learned the importance of volunteering and how it can help me showcase my own experiences on my CV. It really is an asset for displaying your transferrable skills if you don't have any work experience."





## PUBLIC SERVICES STUDENTS CRACK THE CODE



On Monday 6 February, Public Services Level 3 students at East Surrey College welcomed members of the Royal Signals to the College. The Royal Signals are leaders in IT, Cyber and Telecommunications, providing battle-winning communications to every part of the Army.

Students took part in activities that included Cyber Challenge in a Box, an immersive experience designed to present the concept of cyber security. Students were split into small teams and given 60-90 minutes to 'crack the code' and prevent a fake cyber attack.

During the challenge, students had to decipher codes using a range of equipment including a map, tape measure, magazine, photographs, Flags of the World book, tablets and a password-protected laptop.

## TURNING THEORY INTO PRACTICE

Business Management Level 3 Year 1 students at JRC recently undertook their Visual Merchandising display unit. Students were given the creative freedom to plan out the location, colour scheme, materials needed and layout of the final display.

"The whole unit has been very interactive and enjoyable, from organising the location to finalising my design." Lanaya, Business Management student.

"My display was inspired by Moss Bros I had to really think about my target audience and how they would interact with my display." Jayden, Business Management student.



## BRINGING AWARENESS TO COUNTY LINES INTENSIFICATION WEEK

As part of the ongoing work to tackle the threat of drug trafficking and knife crime across the country, both East Surrey College and John Ruskin College had key representatives join the staff to raise awareness as part of the County Lines Intensification Week.

On Friday 24 February, a knife arch was set up at the main student entrance at John Ruskin College along with a random bag search. Representatives from Croydon MET Police were onsite to speak with students about the roles of the Police and how students can play their part to keep the Croydon community safe.

On Wednesday 1 March at East Surrey College, students were welcomed by a signed van outside the College with key messaging about county lines. This provided students with information about the Fearless Youth service, which develops effective anti-crime resources for young people and their families.

Throughout the day, students could attend workshops and speak with representatives in our Winter Garden to find out how they can help support the local community by reporting any drug-related crime. Students were also able to meet Hector, the trainee puppy, giving them an insight into the role dogs play in the force.

Lindsay Pamphilon, CEO/Principal, commented on the activities: "Both East Surrey College and John Ruskin College have been delighted with the opportunity for students to hear more from the police about County Lines, talk to officers, and gain a first-hand understanding of the importance of keeping our community safe."

If you're concerned about drug-related crime in your area or think someone may be a victim of drug exploitation or knife crime, please call: 101 or contact the Crimestoppers charity completely anonymously at 0800 555 111 or use the online form at <https://crimestoppers-uk.org/>





## REIGATE SCHOOL OF ART: CURTIS PACKAGING

Our Creative Practice Level 3, Year 1 students at Reigate School of Art have been working on an exciting live work experience project, designing to industry briefs set by local company Curtis Packaging – specialists in high quality, sustainable packaging for the retail, beauty and luxury sectors. Curtis Packaging created this special project for students as they are very keen to help designers of the future get into the industry.

Sales Director Steve Mallet visited the College during the autumn term to talk about the project, then at the start of January, students were given a choice of two briefs to design:



Brief One: "Hero" - design packaging for the launch of a new "Hero" product for either a Male or Female Skincare or Beauty range.

Brief Two: "Duo" - design packaging for a duo Christmas gift set that will hold two of your favourite products from your chosen Beauty brand.

Students had until February 17 to complete their work. Steve came back to the College in March to award the winning students and said: "We were really impressed by the quality of the work – you should all be very proud of yourselves."

Congratulations to our four winners:

Gold Winner: Nico

Silver Winner: Evie

Bronze Winners: Charlotte and JohnLee.

## JRC 'TRADING PLACES' WORKSHOP



Students from different departments including Art & Design, Health & Social Care, SEND and Sports attended a drop-in session with The Crib and the MET Police.

A charity organisation from Hackney known as The Crib made a visit to John Ruskin College accompanied by the MET police to deliver an engaging workshop about forming friendly alliances with the Police. The key insights were the importance of creating these bonds, but also how it could be done.

Topics included individual experiences, the rights in a stop-and-search situation, and a fun and interactive role-playing session where students traded places with the Police and acted out common scenarios to show how best to deal with difficult and sensitive situations.

Janette Collins, founder of the Crib, commented: "It was nice to meet students at JRC as we are always keen on promoting social inclusion within the local community and this is a great opportunity to do so. The workshop was created to allow us to relate to students informally whilst addressing serious issues."

Art, Design & Media Level 2 student Mia said: "I enjoyed the workshop a lot! I loved participating in the roleplays I did, they were funny. It was also really nice to speak with the Police officers and find out more about their roles."

## SEMI-PROFESSIONAL DRIVER PAID US A VISIT



Our Motorsports Level 3 students and tutors were recently visited by Andy Burgess, the team's driver for the 2022 racing season, who popped in for a photoshoot with the team and their impressive array of trophies! Keep an eye out for our 2023 racing season starting this April.

## RAISING MONEY FOR CHILDREN IN NEED

Our first cohort of Childcare T Level students hosted their first fundraising event in our Winter Garden to raise money for Children in Need.

Students worked with their tutor Marie to find ways to fundraise. This included a tombola raffle, cones of Pick n' Mix, guess the sweets in a jar, a bake sale, face painting and temporary tattoos.

Students bought all the materials including face paints, raffle cards and cooking ingredients.

In total, students raised the significant amount of £264!





## JRC CREATIVE ART STUDENTS VISIT UCA

Our Art & Design Level 3 Year 1 and Year 2 students recently attended an Open Day Event at the UCA (University of Creative Arts) Farnham campus.

The students registered their attendance beforehand on the UCA website and then selected various Creative Practice talks and demonstrations that they could attend on the day, including photography, film, animation, fees and finance etc.

On the day, UCA Student Ambassadors acted as 'tour guides'. They took our students around their campus, showing the variety of creative facilities such as multiple film studios, 2D/3D animation suites, a glass-blowing facility, jewellery-making workshops as well as students' on-site accommodation. There were also opportunities to chat with UCA lecturers face to face and find out more about the variety of courses on offer.

UCA provided Pizza, waffles, and complimentary drinks to make the day even more welcoming.

Ana Brito, Year 2 student, commented: "The information on the photography talk was very informative and made me consider finding a degree that has photography as part of the course. It was a great day and helped me to narrow down my options in Higher Education!"

This visit can be used as evidence towards the 'Progression' B1 unit of their Art & Design course as well as providing an insight into the Higher Education creative opportunities that are out there for JRC students.



## MEET OUR NEW NETBALL TEAM!



We are excited to announce we have a brand new Netball Team representing East Surrey College in the AOC Southeast Netball League!

The team played their first game against Oxted Sixth Form and after a mighty game, lost 37 - 17.

Jennaleigh is the captain of the team for the academic year 2022/23. If you are interested in joining the Netball team, contact our Enrichment Team! Details can be found on Pg.9.



## SUCCESS AT THE SPARKS AWARDS



Reece, a Electrical Installation Level 2 Apprentice and Caitlin-Rose, a Electrical Installation Level 3 Apprentice, both had the opportunity to showcase their skills at the Sparks Magazine Student of the Year Award.

Caitlin-Rose, took part in the South East Regional Heat for the new Sparks Female Skills Competition. After a thrilling day at Harrow College, Caitlin-Rose was announced as one of 9 finalists who will be battling it out at the live final in March.

## CERTAS VISITS OUR STUDENTS

Engineering and Motor Vehicle students had an insightful talk from Dave Roberts, Castrol Champion, and Paul Passmore, Business Account Manager, from Certas Energy.

Certas Energy is the largest distributor of fuel and lubricants in the UK.

During the seminar, students learned about the different types of Castrol Oil including GTX, Magnatec and Edge. Students were able to ask questions about their purposes, advantages and how to choose the correct oil for the right car. The seminar wrapped up with a short Q&A session and lots of goody bags!





# CAREERS & PROGRESSION

## TOP INTERVIEW TIPS FROM OUR CAREER ADVISORS

### Number 1: Be your unique self

The interviewer has already seen your qualifications and skills at a glance via your application or CV, so make sure you're being your authentic self and let your personality shine through.

### Number 2: Do your research

Make sure you do your research about the company you are applying for or the subject you plan to study. You know which role you're applying for, but do you know the company's goals, missions and values, and do they align with yours?

By doing your research, you will be more confident with your answers!

### Number 3: Never leave an interview without asking a question

Remember that an interview should always work both ways. Yes, the company or university should find out more about you, but you also have the opportunity to find out if the employer is a perfect match for you. We recommend you ask around 3-5 questions.

### Number 4: Use the STAR method

The STAR method is a great interview technique that will give you a straightforward format you can use to tell a story by discussing a specific situation, task, action and the result.

### Number 5: Dress to Impress!

Dress for the occasion; wearing the right attire for an interview shows that you're serious about the job, respectful of the interviewer's time and genuinely interested in the role. It's important to make a good first impression.



**WATCH  
OUR  
VIDEO ON  
TIKTOK TO  
LEARN  
MORE!**

## GET INVOLVED AT THE EMPLOYABILITY HUB!



**SCAN ME**

Over the past year, John Ruskin College has worked in partnership with the Department for Work & Pensions and Jobcentre Plus Croydon to support unemployed 18-24 year olds with their search for work via mentoring, career information, advice and guidance, short courses and follow-up. During this time, over 200 people have engaged with the Hub via a session with a Careers Advisor which led to 122 enrolments onto short courses and over 40 progressions into paid work or full-time employment to date.

The Hub has run or signed people up for a variety of courses that have supported people in to work. These include a Construction Sector Based Work Academy, Employability Skills, Digital Skills for Work, ESOL, English, Maths and others. Find out more by scanning the QR Code.

**EMPLOYABILITY  
HUB**



**careers  
HUB**

## Careers Advice and Guidance

We're here to support you with career planning and preparing for your key steps towards employment and work readiness. Helping you with:

East Surrey College:

Visit [www.esc.ac.uk/careers-hub](http://www.esc.ac.uk/careers-hub), or contact the team on 01737 788444

John Ruskin College:

Visit [www.johnruskin.ac.uk/careers-hub](http://www.johnruskin.ac.uk/careers-hub), or contact the team on 020 8651 1131

Alternatively pop into Client Services or email [careershub@osc.ac.uk](mailto:careershub@osc.ac.uk)

- ✓ Exploring career pathways
- ✓ Improving your job search
- ✓ Identifying your transferable skills
- ✓ CVs & job applications
- ✓ Advice on alternatives to university
- ✓ Managing career change plus more






## enrichment




Make the most of your College experience by taking part in an enrichment activity. Meet new people, learn something new and have fun. Both Colleges offer activities for you to take part in outside of your College timetable.

Download the full programme at [www.esc.ac.uk/enrichment](http://www.esc.ac.uk/enrichment) or [www.johnruskin.ac.uk/enrichment](http://www.johnruskin.ac.uk/enrichment). Book your place by popping into the Activity Hub at ESC or Client Services at JRC.




## wellbeing HUB



East Surrey College and John Ruskin College recognised important key dates such as Safer Internet Day, Time to Talk Day and World Kindness Day!


If you need a bit of support or want to find out more, visit Wellbeing Hub online. This is your one stop shop, packed with resources for taking care of your mental health, including contact details for the Safeguarding team.



**VISIT**

[www.esc.ac.uk/wellbeing-hub](http://www.esc.ac.uk/wellbeing-hub)

[www.johnruskin.ac.uk/wellbeing-hub](http://www.johnruskin.ac.uk/wellbeing-hub)



## MEET YOUR STUDENT UNION REPS



### Antonio - SU President (22/23) - East Surrey College

Hello, I am Antonio, your SU President for 2022/23 and I study Computer Science Level 3, currently in my second year. First off, I want to ensure students who are studying at this College have a wonderful experience. I am here to represent the views and voices of our student body and make sure that the suggestions that students request can be achieved.

### Suhayla - SU President (22/23) - John Ruskin College

Hi, I'm Suhayla, your SU President 2022/23 and I study Health and Social Care Level 3. I am always open to answering any queries as well as making sure I create a safe space to ensure students can feel comfortable expressing any worries they might have and speak up for those who don't feel like they can.



### Antonio - SU Vice-President (22/23) - John Ruskin College

Hello, I'm Talha, your SU Vice-President 2022/23 and I study IT Level 2. I'm excited to get involved in this new role as I enjoy assisting others. If you would like to hear more about what we're working on join our fortnightly meetings at the Activity Hub.

Run for students by students, the Student Union is here to represent your voice in the College. To get involved email our enrichment team, [enrichment@esc.ac.uk](mailto:enrichment@esc.ac.uk) or [enrichment@johnruskin.ac.uk](mailto:enrichment@johnruskin.ac.uk).



# NATIONAL APPRENTICESHIP WEEK

**SKILLS  
FOR LIFE**

The 16th annual National Apprenticeship Week (#NAW2023) was celebrated from 6 – 12 February 2023 and brought together the entire apprenticeship community to celebrate everything that is amazing about apprenticeships. The theme for the week was 'Skills for Life'.

## Hear from our apprentices

"I've been able to further develop my skills within the Childcare sector by using the newly gained knowledge in my work setting and this helped me to excel." Klaudia, Nursery Apprentice (JRC).

"I've grown in confidence within customer services and this has helped me become a valued member within a highly successful team." Jake, Customer Service Level 3 Apprentice (ESC)

## Employer Tuesday

On the second day, we celebrated the amazing partnerships we have with employers and how they inspire and provide our students with life-changing opportunities. At a glance, we have partnerships with over 800+ employers and 60+ schools, 94% of employers were satisfied with Orbital South Colleges as their training provider.

Top Fact - **100%** of our apprentices either achieved a promotion or gained additional responsibilities within one year of finishing their course.

## Apprentice Wednesday

Halfway through National Apprenticeship Week, we spoke to a few of our apprentices to find out why they chose to do an apprenticeship and why they would recommend it.



You can read all about Katie's (Hairdressing) and Tim's (Mechanical Engineering) apprenticeship journeys on our website under Case Studies!

## T Level Thursday

If you have not heard about T Levels, you must be living under a rock! T Levels are brand-new qualifications designed to give you a head start toward the future you want. They follow GCSEs and are equivalent to 3 A Levels.

# T-LEVELS

T Levels and apprenticeships are similar; they will be based upon the same standards which are designed by employers. However, an apprentice spends most of their time in the workplace, learning on the job, whereas a T Level student will spend most of their time in the classroom/workshop.

## Celebration Friday

Over the last year, Orbital South Colleges have celebrated so many fantastic stories from student success, and progression to College achievements.



More importantly, we were recently ranked 11th in RateMyApprenticeship's, Top 50 Training Providers for 2022-23.

One of our Engineering HNC apprentices, (picture on the left), George also won the Apprentice of the Year Award at the Gatwick Diamond Business Awards in 2022!

If you're interested in apprenticeships, book to attend our next Open Event to speak with our Apprenticeships team, or get in touch – at ESC call 01737 788316 or email [employerservices@esc.ac.uk](mailto:employerservices@esc.ac.uk), at JRC call 020 8651 1131 or email [jrcapprenticeships@johnruskin.ac.uk](mailto:jrcapprenticeships@johnruskin.ac.uk)

## "I'M ONE STEP CLOSER TO MY CAREER GOAL WITH A T LEVEL"

Lisa came from Ireland to live in England in 2020.

On leaving school, Lisa did an apprenticeship in a hairdressing salon for a year. After realising this wasn't the career for her, she decided to get into primary teaching instead.

With Lisa's excellent GSCE grades, she could have taken A Levels but couldn't see a direction in studying three separate subjects.

She decided instead to come to ESC as it offered a T level in Childcare, which she felt was a more direct route to her chosen career.

"This T Level appealed as it allows me to focus on a single subject whilst achieving the equivalent of 3 A Levels. I also really like the work/study balance of my timetable - three days in College and two days



working in a nursery school in Horley."

One of Lisa's favourite aspects of the course is the balance between academic assignments and practical activities. She feels her work placement has had a very positive effect on her studies:

"Having a real-life application helps so much with coursework and gives a good insight into what work will be really like."

In the future, Lisa plans to specialise in Primary Teaching at University or become a teaching assistant in a school and learn on the job.

T Levels available at OSC

- Management & Administration
- Design, Surveying & Planning for Construction
- Design & Development for Engineering & Manufacturing
- Digital Production, Design & Development
- Education and Childcare
- Health



## WHY I CHOSE TO STUDY AT ESC!



Richard joined East Surrey College on the Business Level 1 course and progressed over the years, leaving with a Foundation Degree in Internet Software Development.

"It's insane how much this College has helped me transform as an individual. I have nothing but respect and admiration for it!"

"The best advice I could give to future students is learn to be you! The tutors are there to support you, guide you and in the end watch you succeed."

## EXPLORING THE HIGHER EDUCATION ROUTE

After being proudly titled Orbital South Colleges University Centre, we hosted our first-ever Higher Education Fair in November.

The fair was a great way for prospective and current students and members of the public to explore their options, find out more about our HE courses and seek financial advice to support their choices. Our course offering is designed to provide students with the skills and knowledge required to take their careers to the next level. Students were able to speak with tutors from a range of subjects including Art, Design & Media, Construction, Engineering and more!

During the event, attendees had the chance to listen to a variety of information talks. These included Understanding the UCAS process, a Guide to Student Finance and Higher and Degree Apprenticeships.

Painting and Decorating Level 1 student Shantoya said: "I hadn't really given much thought about Higher Education courses, but it was encouraging to hear from the careers team that it's never too soon to think about your next steps."

We are planning to host another HE Fair in May 2023, so keep an eye out around College, the website or social media to keep up to date.





# SUCCESS STARTS HERE



Our Open Events are for all members of the community who are considering their options within Education.

For more information on Open Events, and to book, scan the QR codes below:



ESC ↑



JRC ↑

## LOOKING TO IMPROVE YOUR MATHS SKILLS?

At East Surrey College and John Ruskin College we're excited to be offering NEW, bespoke Multiply courses to help adults in the local community boost their numeracy skills. The courses are designed to help individuals unlock their full potential:

- ▶ Support your children with homework
- ▶ Manage your money better
- ▶ Reveal new job opportunities or progress in work
- ▶ Take the next step to higher levels of training or qualification

# Multiply

Find out more at  
[www.esc.ac.uk/multiply](http://www.esc.ac.uk/multiply)  
[www.johnruskin.ac.uk/multiply](http://www.johnruskin.ac.uk/multiply)

## UPSKILL, RETRAIN OR TRY SOMETHING NEW ON OUR ADULT COURSES

Our adult part-time courses are designed to help you progress at work, retrain for a new career or learn a new skill. As your local adult learning provider, we offer a range of daytime, evening, online and short courses timetabled to allow you to fit your studies around existing family or work commitments.



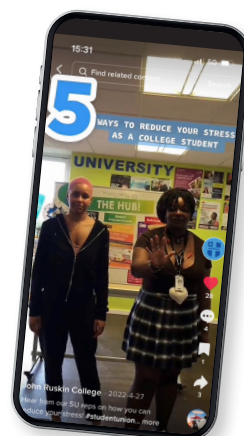
Our adult Prospectus 2023-24 is scheduled to launch later this Spring!

## CREATE CONTENT FOR US!

We are looking for fun, outgoing and confident students who can help us create engaging content for social media and our website.

Whether it's writing a short student blog or capturing a video of the day to day life of a student, we want to hear from you!

If you think you have what it takes, please contact our Marketing department to find out more.



ESC - email [escmarketing@esc.ac.uk](mailto:escmarketing@esc.ac.uk)  
 JRC - email [marketing@johnruskin.ac.uk](mailto:marketing@johnruskin.ac.uk)

## REACH US ON SOCIALS

Keep up-to-date with what we've been up to. Be sure to comment, like, follow and share our posts via our channels! Scan the QR code:



## JOIN OUR MAILING LIST

By joining you'll stay up-to-date with the latest **news, events and new courses** launched by the Colleges!

[www.esc.ac.uk/sign-up-for-updates](http://www.esc.ac.uk/sign-up-for-updates)  
[www.johnruskin.ac.uk/sign-up-for-updates](http://www.johnruskin.ac.uk/sign-up-for-updates)



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