

CHECK
THIS
OUT

POWER 5

Power 5 is the **five-a-side football** league. This is an opportunity for you to get involved, have fun & play some footy!

If you don't have a team but still want to play then please come along — we will ensure you get a game!

Tuesday 16:00 - 18:00

Sports Hall

FREE
activities for
all students!

ACTIVITY programme summer Term

2016



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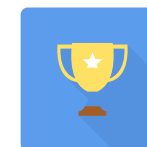
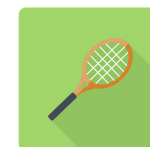


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Keep
updated!



MON

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WED

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FRI

Don't miss

CHECK THIS OUT

sessions!

The Enrichment Team are based in the Activity Hub (Room D115). Pop in to find out more about all the latest activities and events.

Get together with your friends and play games such as Guess Who, Trivial Pursuit, Scrabble, Chess, Battleships and UNO.

14:30 - 15:30

Multi-sport
Sports Hall

15:30 - 16:30

Basketball
Sports Hall

12:00 - 13:30

Chill Out Session
Activity Hub

15:00 - 16:00

Half-Court Basketball
Sports Hall

Table Tennis
Sports Hall

16:00 - 18:00

Power 5
(Five-a-Side Football)
Sports Hall

16:15 - 17:15

College Gym
Fitness Suite

09:00 - 10:00

College Gym
Fitness Suite

10:30 - 11:30

Chill Out Session
Activity Hub

13:00 - 16:00

College Sports
Teams
Sports Hall or Off-site

14:00 - 15:30

Chill Out Session
Activity Hub

The Gym is **FREE** for all students during allocated times. Each student must have an induction before being allowed to use any of the equipment. Please contact the Enrichment team on enrichment@esc.ac.uk to book an induction.

12:00 - 13:00

Chill Out Session
Activity Hub

12:00 - 14:00

Touch Tennis
Sports Hall

14:00 - 15:00

College Gym
Fitness Suite

12:30 - 15:00

Just Play Futsal
Sports Hall

16:15 - 17:15

College Gym
Fitness Suite

