



Activity Programme

SPRING 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TABLE TENNIS – ALL DAY IN THE WINTER GARDEN

9-10am CHILL OUT ZONE & MEDITATION	9-10am ESPORTS	1:30-4pm BOARD GAMES	10am-12pm ARTS & CRAFTS	1:30-3pm ESPORTS & MINECRAFT
10-11:30am 2-3pm ESPORTS	10-11am CHILL OUT ZONE & MEDITATION	2:30-3:30pm FOOTBALL (SH)	12:30-1:30pm STUDENT UNION	3-5pm GYM* (FS)
11:30am-12:30pm ARCHERY (SH)	11am-1pm GYM* (FS)	3:30-5pm BASKETBALL (SH)	12:30-1:30pm NETBALL (SH)	4-5pm STUDENT QUIZ
12:30-1:30pm LGBTQ+ SOCIETY (A126)	1-2:30pm BOOK & PLAY (SH)	4-5pm ARTS & CRAFTS	1:30-2:30pm FOOTBALL & BASKETBALL (SH)	
11:30am-12:30pm 4-5pm ARTS & CRAFTS	2:30-3:45pm BOARD GAMES		3-5pm GYM* (FS)	
3-5pm GYM* (FS)	3-4pm WOMEN'S FOOTBALL (SH)		4-5pm STORY TELLING (A126)	
	4-5pm NEURODIVERGENT CLUB (LRC)		4-5pm ESPORTS	
	3-5pm GYM* (FS)		3:45-5pm COOKING (A019a) £1 per session	
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NEW FOR 2024!

Hair & Beauty Treatments
Manicures, Facials, Waxing, Eye Treatments, Hair Conditioning treatments, Blow Dries

50% Discount for students. Bookings must be made via the Salon at least 7 days in advance.

VISITOR TALKS

Auditorium // Tues & Thurs 4-5pm
See OSC Gateway for details

LOCATION KEY

- Common Room
- Sports Hall (SH) / Fitness Suite (FS)
- Other Rooms (as marked)
- Winter Garden

*Please note that an induction must be completed before using the gym