

Work Activity Brief

Course	Sport Level 1		
Project Title	School Sport Activity Camp		
Tutor/s	Lily Franklin		
Issue date	April 2020	Completion date	August 2020

Project overview

You have been asked to design and plan a summer activity camp for children aged 5 to 11 years old. The children will be taking part in groups of 3 or 4.

You are required to research suitable activities, the relevant equipment, the staff roles that will be needed as well as timings and costings.

You need to provide as much research evidence as possible, for example leaflets, web print outs, posters of planning, any external companies that you might need to contact and any other information that you think will help to demonstrate your research skills.

Once you have completed your project, please forward this to the following email address along with your full name: submissions@esc.ac.uk. We'll then forward this on to our curriculum teams who will be in touch shortly.

Outcome of this project

This project has been developed to help you to prepare for the programme that you will be joining in September. It will give you some insight in to the subject area and will develop the skills of working independently and assignment writing. These will be useful skills when you become a college student.

Complete the following 4 tasks

1. Research Task

You are required to research online suitable activities, the equipment that will be required, staff needed, timings and costings.

2. Planning Task

You are required to plan activities according to your research, create leaflets and posters to promote the activities, create an invite for parents/carers, create a timetable for activities and organise coaches to run these activities.

3. Presentation Task:

Prepare a presentation with hand-outs that you could present to an employer

4. Evidence Task:

List all the websites and resources that you have used and collate any leaflets, brochures that you have found to support your research.

To help you make a start it would be a good idea to put all the ideas that you have on a spider diagram. Use the templates below to support you. **If you are unable to print this document, then you can spider diagram using a piece of paper.**

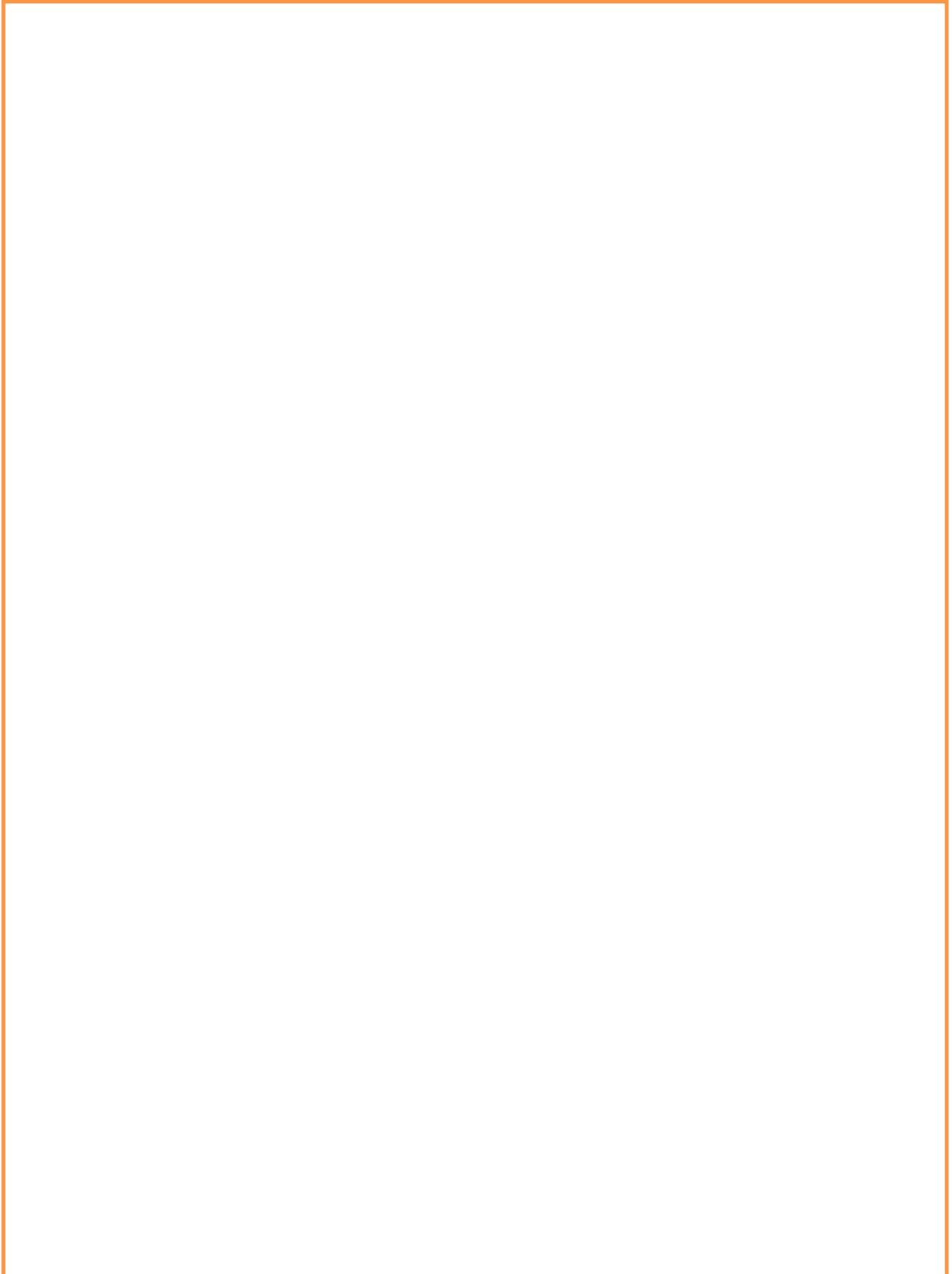
Task 1 - Spider diagram: Activities suitable for 5 – 11 year olds



Task 2 - Spider diagram: Equipment needed and suitable for 5 – 11 year olds

A large empty rectangular box with an orange border, intended for a spider diagram. The box is currently blank, providing space for the student to draw and label the equipment needed and suitable for 5-11 year olds.

Task 3 - Spider diagram: Staff required for each activity and costings



Task 4 - Once you have created your above spider diagrams according to the research carried out, you can begin to **create a leaflet or poster to promote the event. Below are some examples of leaflets and posters to give you some inspiration!**

Remember, you can always use the Microsoft Word templates for leaflets and posters.



melbourn sports centre

22nd SEPT 1-4pm

SCOOTATHLON BIKEATHLON MINI TRIATHLON + OTHER ACTIVITIES

SATURDAY 22ND SEPT ACTIVITY AFTERNOON

Join our fun packed day with loads of activities for kids.

FAMILY FUN SWIM 1.00pm FREE
Fun swim for all the family.

SCOOTATHLON 2.00pm £5.00
For ages 4 - 7 years
(Scooters only) SCOOTATHLON is a mini fun duathlon for children between the ages of 4 and 7, where participants scoot and then run a short distance to the finish line.

BIKEATHLON 2.30pm £6.00
For ages 6 years plus
(Bikes only) BIKEATHLON is a mini fun duathlon for children between the ages of 6 and 12 (approx.), where they bike and run around a basic course.

MINI TRIATHLON 3.00pm £6.00
For ages 6 years plus
This mini fun triathlon for children between the ages of 6 and 12 (approx.), where participants swim (20 metres) and then bike and run around a basic course. Participants must be able to swim at least 20m unaided before entering this event.

IMPORTANT SAFETY NOTICE:
Bike helmets must be worn during the scoot or cycle phases of each event. Suitable clothing and footwear are required. Knee and elbow pads are recommended. Participants must be able to swim 20m before entering the Mini Triathlon event.

Book in advance to receive £1 off

ALL children win a medal and some sweets! 1st, 2nd and 3rd in each age group receive a certificate.

ACTIVITIES & BOUNCY CASTLE
Tombola - Boogie bounce
Archery - Shotokan karate
Tang Soo Do martial arts
Whaddon Golf

TO BOOK For further information or to book a place, then please contact:
Melbourn Sports Centre | The Moor, Melbourn, SG8 6EF | 01763 263313
Updates on Facebook: Melbourn Sports Centre

BEactive Communities