

Top Tips to Improve Your CV!

YOUR LATEST STUDENT NEWS

Autumn 2021



### **AHT AWARD SUCCESS**

INTRODUCING OUR NEW GATWICK APPRENTICES

PLUS THE LATEST ENRICHMENT ACTIVITIES

WORLD TEACHERS' DAY CELEBRATIONS

**BTEC Awards Achievements** 

WAKEHURST GLOW WILD ART PROJECT





Packed with

YOUR LONDO AIRPORT

✓ News

✓ Events

✓ Resources

### **Latest News & Events**

# Welcome



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Welcome to our jam-packed autumn edition of The Zone student newsletter.

In this edition we discover what your fellow students have been up to this term from taking part in competitions and trips, to attending the Safeguarding seminar as part of the On-Track week.

This year, you may have been grateful for the kindness of others. In celebration of World Kindness Day on the 13 November, we explore upcoming social media dates for

If you are starting to think about your future career, we have put together some helpful tips to boost your CV.

### NEW FULL-TIME GUIDE LAUNCHED!

We're pleased to announce the launch of our new Fulltime Course Guide for 2022/23 showcasing a wide range of Full-time and T Level courses.

We have introduced 8 NEW Level 3 T Level qualifications, designed to give you a head start towards the career you

want. They are equivalent to 3 A Levels bringing classroom and industry placements together, designed in collaboration with a range of employers from different industries. If you're thinking about your next steps after your course, why not do a T Level? We offer T Levels in Construction, Digital, Education & Childcare and Engineering & Manufacturing

Pick up a copy of the guide from reception or Client Services. Alternatively, you can view online at www.esc.ac.uk



Offering an extensive range of hair, beauty and spa treatments at affordable prices, our fully operational training salon is open to the public, staff and students.







### STUDENTS ATTENDED SAFEGUARDING SEMINAR

Health & Social Care Level 3 students had the opportunity to attend the Mental Capacity **Act and Liberty Protection** Safeguards Awareness seminar, which introduced them to the necessary skills required for working in a health or social care setting. We were pleased to hear that over 40 students enjoyed this informative session which was led by Health & Social Care tutor, Victor Muriithi.

### COVID-19 SAFETY REMINDER



It's recommended that students, staff and visitors remember to wear a face covering in all communal areas around College as well as when travelling on public transport (unless exempt due to health reasons). Face coverings reduce the spread of Coronavirus droplets from coughs, sneezes and speaking, alongside regular hand washing and social distancing.



World Teachers' Day took place on Tuesday 5 October so what better way to acknowledge the day than with our Teacher Training Graduation!

Recent graduates of our Award in Education and Training Level 3, Certificate in Education and Training Level 4 and Diploma in Education and Training Level 5 courses came together in the Auditorium with staff, to celebrate completing their teaching qualifications. Graduates shared their experiences about their time on the course and were handed certificates of completion for all their hard work.

Visit our Facebook page to hear from some of our Trainee Lecturers on why they chose this exciting profession.

### **BTEC Awards Achievements**

Month

Black History

This October, Black History Month celebrated the contributions that people of African and Caribbean backgrounds have made to the UK over many generations. The LRC displayed a range of informative non-fiction and literary works written by cultural icons.

To find out more about Black History Month visit: www.blackhistorymonth.org.uk It was another successful year at the National Pearson BTEC Awards 2021 (an annual competition celebrating the outstanding achievements of BTEC learners, tutors, schools and colleges around the world).

Tutors put forward the names of students who they thought had shown outstanding commitment to their course, supported their peers or remained dedicated to their career goals.

We were delighted to have won the Gold Award for BTEC Public Services Learner of the Year for the third year in a row, alongside other great Awards for ESC.

Congratulations to our following award winners:

#### GOLD:

- James, BTEC Public Services Learner of the Year and Adult BTEC Learner of the Year

#### SILVER:

- Alex, BTEC IT and Computing Learner of the Year **BRONZE:** 

- Freya, BTEC Public Services Learner of the Year
- Georgie, BTEC Sport Learner of the Year
- Holly, BTEC Sport Learner of the Year

















### AHT AWARD SUCCESS

Congratulations to Theatrical, Special Effects & Media Make-Up and Reigate School of Art students for their amazing achievements at the National AHT Awards! The awards ran online this year, with students submitting photographic entries. Well done to the following ESC students:

1st - Charis, 1920s Make-Up

2nd - Lauren, Multi-piece Prosthetics

3rd - Elise, Multi-piece Prosthetics

4th - Jess, Multi-piece Prosthetics

Highly Commended - Charlotte, 1920s Make-Up

Highly Commended - Amy, 1920s Make-Up



Reigate School of Art students have started work on an

exciting project with local art organisation Same Sky, for

two upcoming events: Burning the Clocks and Glow Wild at Wakehurst. Artistic Director John, introduced the brief with

a presentation, before tasking the students with creating

paper lanterns using willow sticks and tissue paper.

### Life in the skies

Students from Level 2 and 3 Aviation had a sky-high talk about the careers and training within Gatwick Airport by Guy Penn a Terminal Operations Controller.

It was great for our students to hear about real life situations involving special passenger processes, emergency procedures and Apprenticeship schemes available at LGW.

Thank you Guy for sharing your time and knowledge!



### **OPEN EVENT DATES**

Do you know someone wanting to study at ESC?

Our Open Events are a great way to come and explore the college facilities. They will be able to find out more about our range of Full-time, Part-time, Apprenticeships and Higher Education courses. Our staff will be on hand to answer any questions they have!

**Upcoming Open Events:** 

- Saturday 13 November 2021 10:00 14:00
- Wednesday 23 February 2022 17:30 19:30

Pre-register online at www.esc.ac.uk



# PROGRAMME

Looking to get fit, join a team or learn some valuable cooking techniques? Check out the autumn term Activity Programme at: www.esc.ac.uk/Enrichment to see what's on offer including table tennis, card games, gym and fitness sessions. If you fancy trying something different there's also cooking, creative arts as well as the LGBTQ+

To book a session pop into the Activity Hub (D115) to speak with Harvey Kellard or email:



## DATES FOR YOUR DIARY

- Halloween 31 October
- World Vegan Day 1 November
- Remembrance Day 11 November
- World Kindness Day 13 November
- Anti-Bullying Week 15 - 19 November



## ALLUMNI WISDOM

**Business Level 3** students were joined virtually by ESC Alumni Reece who recently graduated from the University of Surrey, who shared his top



tips on how to make the most of your time at College. He shared words of wisdom such as the importance of eating and sleeping well and taking time for exercise: "these three things together create mental sharpness and help you to manage stress".

### **Your Mental Health**



If you're feeling isolated, worried about the future or struggling with the lack of routine - Remember:

### YOU ARE NOT ALONE!

Our Wellbeing hub on the ESC website contains useful tips for maintaining mental health and wellbeing. We know talking can be one of the first steps in receiving support. Our Safeguarding team are also available to provide individual support through any aspect of your time at College and ensure you get the help you need.

Visit www.esc.ac.uk/wellbeing-hub for more information about the difference support services available.









### **OUR NEW GATWICK APPRENTICES**

Each year, Gatwick Airport offers Engineering students the opportunity to join their 4 Year Apprenticeship scheme. This year the group had an equal split between males and females, highlighting the industry's commitment to promoting equality. The 4 have started their Full-Time training at East Surrey College, developing practical skills in our workshops and building their knowledge of the relevant theory. From the second year, they will combine their time with a placement at the Airport, putting their learning into practice while completing their Level 3 BTEC qualification. Their final two years will be spent at the Airport continuing to develop their practical skills.



We spoke to two of our new Apprentices, Finlay and Zoe, to find out why they chose an Apprenticeship and if they would recommend it.

Finlay: "I've never liked learning from a book and the Gatwick Apprenticeship really stood out for me - there was a really wide variety of things to learn. I would 100% recommend it! if you have an industry in mind, an Apprenticeship is the best way to do it."

Zoe: "I didn't want to go to university as that was more written work; an Apprenticeship was more suited to me as I like to learn in action. I would absolutely recommend an Apprenticeship if you want to actually get a grasp of the type of career you want to go into."

### Ranked 23rd by RateMyApprenticeship

We're pleased to be ranked 23rd in the Top 50 Training providers 2021-22 category (placing us as the top FE College training provider in the South East as voted by Apprentices themselves) at the RateMyApprenticeship 2021 Awards!

Do you know of anyone wanting to undertake an Apprenticeship? Visit our website for more information: www.esc.ac.uk/ apprenticeships/ information-for-apprentices



### PART-TIME COURSES

Do you or someone you know want to learn a new skill or gain a qualification? Check out our wide range of short courses for adults (19+) running throughout the year - it's really easy to sign up! something different each term so why not start the new year with a new skill or hobby?

It's not too late to sign up for classes starting

in November. A part-time course is an excellent opportunity to develop your skills, improve your employability or just get out and try something new!

To view the full range of part-time courses visit: www.esc.ac.uk



### **TOP TIPS TO IMPROVE** YOUR CV!

Have you started to think about the world of employment? A good CV is essential to make a positive impression to potential employers. Here's our top tips to get you started.



#### **Contact Details**

Make sure you include all of your contact information; mobile number, home number, home address and email address.

### **Openina Statement**

Always include a short opening statement (two or three sentences) that outlines who you are and what your skills are. Identify the things that make you different from other applicants.

#### **Employment History**

Show your employment history starting with the most recent position. List your job title, company name, dates of employment and outline your main responsibilities and reason for leaving.

Make sure that you include any relevant work experience (eg placements through college or summer internships), as these may be more interesting to the employer than your Saturday job.

#### **Key Skills**

Read over the job description and write down all the key skills they require. Afterwards, scan through and see which ones are relevant to you and include them in your CV.

#### Education

If you haven't received your results yet don't worry, you can still include your predicted grades. Make sure you include all relevant qualifications.

#### **Hobbies & Achievements**

This is where you can list any non-employment interests. Provide details on any hobbies or volunteering work you've been involved in.

List any achievements, awards or recognition you've received, and any skills you've got, such as languages you can speak or musical instruments you can play.

#### Check

Remember to always proof read your CV for spelling and grammar mistakes or ask a friend to have a read and give constructive feedback.

### THINKING OF YOUR NEXT STEP AFTER COLLEGE?



Did you know we offer a University Level qualification at ESC? You can benefit from:

Lower tuition fees

- Small class sizes
- Flexible entry requirements
- Industry experienced tutors
- Our Foundation and Degree programmes are validated by University of Chichester



LOOK OUT FOR OUR 2022/23 UNIVERSITY LEVEL GUIDE THIS WINTER!



For more information please visit:

www.esc.ac.uk







### Get in touch

Whether you want to shout about your course, have completed a great work placement, or want to share some competition success, we'd love to hear from you!

Email marketing@esc.ac.uk or message us on social media to get your story featured on our social media pages.

### **EXAM CERTIFICATES**

If you are a returning student, your tutor will let you know when your certificates are ready for collection.

### **KEEP UP TO DATE**

Join us online to be the first to hear about student news and events! We post everything from student stories and work to important ESC updates.















East Surrey College

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